



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
9:45 Exercise 10:30 Board Games 12:30 "Star Trek 1968" N 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Chocolate Cookie Demo 3:30 Sort Playing Cards 5:30 Reminisce Chat 6:00 "Annie" Happy Birthday Phyllis! National Cookie Day!	9:45 Exercise 10:30 Watercolor Painting 12:30 Movie Monday! WLV 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Lay Out a Quilt 3:30 Finish the Phrase 5:30 Wii Bowling 6:00 "Oh Dolly!" 	9:45 Exercise 10:30 New Resident Social 12:30 Andy Griffith Show 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Be Nice to a Man 3:30 What's in the Bag? 5:30 Hymn Sing-Along 6:00 "Beauty and the Beast" N Boyfriends Day	9:45 Exercise 10:30 Resident Council 12:30 Hogan's Heroes 1:00 Rest and Restore 2:00 Apple Frappe Snack 2:30 Fall Flower Planting 3:00 Bus Ride 5:30 Stretching 6:00 "Baby Take a Bow" D Happy Birthday Lew! Frappe Day	9:45 Exercise 10:30 Devotions with Steve 12:30 TV Westerns 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Count a Till 3:30 Acts of Kindness 5:30 Baby Face 6:00 "The Odd Life of Timothy Green" Do Something Nice Day	9:45 Exercise 10:30 Reading Aloud 12:30 Grand Ol' Opry Show 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Silverware Sorting 3:30 Talk About Cars 5:30 Old Love Songs 6:00 "The King and I"	9:45 Exercise 10:30 Coloring 12:30 The Dick Van Dyke Show 1:00 Walk for Ice Cream 2:00 Snack and Visit 2:45 Walk Outside 3:00 Chapel (Nondenominational) 3:30 Thankfulness Group 5:30 Stretching 6:00 "Hugo" N
8	9	10	11	12	13	14
9:45 Exercise 10:30 Catholic Eucharist/Prayer 12:30 "Fawly Towers" N 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Organize Craft Supplies 3:30 Grocery Math 5:30 Reminisce Chat 6:00 "Eight Below"	9:45 Exercise 10:30 Watercolor Painting 12:30 Movie Monday! WLV 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Folding Clothes 3:30 Poetry 5:30 Wii Bowling 6:00 "America Before Columbus" Y Happy Birthday John! Columbus Day	9:45 Exercise 10:30 New Resident Orientation 12:30 Andy Griffith Show 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Sort Nuts and Bolts 3:30 Uno Game with Kids 5:30 Hymn Sing-Along 6:00 "The Nutty Professor" Kids Visit Day!	9:45 Exercise 10:30 Sing-Along 12:30 Hogan's Heroes 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Bus Ride 5:30 Stretching 6:00 "It's a Mad, Mad, Mad World" D	9:45 Exercise 10:30 Tips for Better Mood 12:30 TV Westerns 1:00 Rest and Restore 2:00 Snack and Visit 2:45 Exercise 3:00 Make a To-Do List 3:30 Dominoes 5:30 Baby Face 6:00 "Lassie" D Moment of Frustration Day (and how to deal with it)	9:45 Exercise 10:30 Reading Aloud 12:30 Grand Ol' Opry Show 1:00 Dr. Long Foot Clinic 2:00 Snack and Visit 2:45 Exercise 3:00 Sort Baby Clothes 3:30 History Flash Cards 5:30 Old Love Songs 6:00 "Sabrina" D	9:45 Exercise 10:30 Coloring 12:30 The Dick Van Dyke Show 1:00 Walk for Ice Cream 2:00 Snack and Visit 2:45 Exercise 3:00 Chapel (Nondenominational) 3:30 Read a Book 5:30 Stretching 6:00 "The Music Man"
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
15	16	17	18	19	20	21
9:45 Exercise 10:30 Catholic Eucharist/Prayer 12:30 Disney Cartoons 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Sanding Wood 3:30 Newspaper Chat 5:30 Reminisce Chat 6:00 "An Affair to Remember"	9:45 Exercise 10:30 Watercolor Painting 12:30 Movie Monday! WLV 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Plant Herbs 3:30 Word Trivia 5:30 Wii Bowling 6:00 "Bingo" Bosses Day	9:45 Exercise 10:30 Make and Eat Pasta 12:30 Andy Griffith Show 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Stack a Woodpile 3:30 Kids Read Aloud 5:30 Hymn Sing-Along 6:00 "The Quiet Man" Kids Visit Day! National Pasta Day	9:45 Exercise 10:30 Sing-Along 12:30 Hogan's Heroes 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Bake Bread 3:30 Crosswords 5:30 Stretching 6:00 "Singing in the Rain"	9:45 Exercise 10:30 Devotions with Steve 12:30 TV Westerns 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Polish Shoes 3:30 Mazes 5:30 "Baby Face" D 6:00 "The Secret Life of Pets" N	9:45 Exercise 10:30 Pumpkin Cheesecake 12:30 Grand Ol' Opry Show 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Bus Ride 5:30 Old Love Songs 6:00 "Barefoot in the Park" N	9:45 Exercise 10:30 Coloring 12:30 The Dick Van Dyke Show 1:00 Rest and Restore 2:00 Eat Pumpkin Cheesecake 2:30 Exercise 3:00 Chapel (Nondenominational) 3:30 Hangman 5:30 Stretching 6:00 "Inn of the Sixth Happiness" N Pumpkin Cheesecake Day
22	23	24	25	26	27	28
9:45 Exercise 10:30 Catholic Eucharist/Prayer 12:30 "The Secret Garden" 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Wash the Truck 3:30 Organize the Library 5:30 Reminisce Chat 6:00 "The Desk Set" N Leigh Anne's Birthday!	9:45 Exercise 10:30 Watercolor Painting 12:30 Movie Monday! WLV 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Sorting Fabric 3:30 Charades 5:30 Wii Bowling 6:00 "Holes" 	9:45 Exercise 10:30 United Nations Trivia. 12:30 Andy Griffith Show 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Sorting Apples 3:30 Scent Guessing 5:30 Hymn Sing-Along 6:00 "I Am Ali" N Happy Birthday Ray! United Nations Day	9:45 Exercise 10:30 Sing-Along 12:30 Hogan's Heroes 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Bus Ride 5:30 Stretching 6:00 "Chicken Run" N Happy Birthday Betty S.!	9:45 Exercise 10:30 Trivia 12:30 TV Westerns 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Sort the Sewing Box 3:30 Color Matching Game 5:30 Baby Face 6:00 "The African Queen"	9:45 Exercise 10:30 Men's Doughnuts 12:30 Grand Ol' Opry Show 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Halloween Candy Prep 3:30 Symphony Music 5:30 Old Love Songs 6:00 "Chitty Chitty Bang Bang"	9:45 Exercise 10:30 Coloring 12:30 The Dick Van Dyke Show 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Chapel (Nondenominational) 3:30 Trivia 5:30 Stretching 6:00 "Seve: The Movie" N
29	30	31	Six Dimensions of Wellness:			
9:45 Exercise 10:30 Catholic Eucharist/Prayer 12:30 "Heidi" 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Filing Coloring Pages 3:30 Guess the Celebrity Ages 5:30 Reminisce Chat 6:00 "Harry and Snowman"	9:45 Exercise 10:30 Candy Corn Craft 12:30 Movie Monday! WLV 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:00 Flower Arranging 3:30 Famous World Landmarks 5:30 Wii Bowling 6:00 "Mr. Magoo" 	9:45 Exercise 10:30 Laughing Babies Youtube 12:30 Andy Griffith Show 1:00 Rest and Restore 2:00 Snack and Visit 2:30 Exercise 3:30 Halloween Party! 5:30 Calming Sing-Along 6:00 "A Monster in Paris" N Kids Visit for Halloween!	Spiritual Physical Social Occupational Emotional Intellectual			