

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# March 2018

## Parkview at Paradise Village 2<sup>nd</sup> Floor Vitality Calendar

8:30 Morning Gathering-GR 9:00 Music w/Vesta-CMH 9:30 Sunday Fitness -GR 10:00 BINGO-Great Room 12:30 Reminiscing & More-GR 1:30 Sentimental Sing-a-long-VT 2:00 Balloon Volleyball-GR 4:00 Leisure Hour 7:00 Sunday Night Movie-VT	8:30 Morning Gathering-GR 9:00 Morning Trivia-GR 9:30 Monday Fitness -GR 10:00 Table Games & More-GR 12:30 Floor Games-GR 1:00 Puzzle Time- GR 1:30 Nail Care & More-GR 2:30 Sentimental Reflections-VT 3:30 Finish the Line-GR 7:00 Monday Night Movie-VT	8:30 News & Views-GR 9:15 Scenic Drive-La Jolla Shores 10:00 National Geographic-VT 12:30 BINGO-GR 1:30 What Would You Do?-GR 2:30 Afternoon Fitness-GR 3:30 Frozen Trivia-GR 4:00 Floor Games-GR 7:00 Tuesday Night Movie-VT <b>Frozen Food Day</b>	8:30 Daily Chronicles-GR 9:00 Music with Vesta-CMH 9:30 Wednesday Workout-GR 10:00 BINGO-GR 12:30 UNO & More-GR 1:30 Sentimental Reflections-VT 2:30 Afternoon Snack-time-GR 3:30 Let's Sing-VT 4:00 Dining Room Conversation 7:00 Wednesday Classic Movie-	8:30 News & Views-GR 9:00 Music w/Vesta-CMH 9:30 Senior Fitness-GR 10:00 History Program-MS 12:30 Arts & Crafts-GR 1:30 Dominoes-GR 2:30 Popcorn Crafts-GR 3:30 Rainy Day Theater-VT 7:00 Thursday Night Movie-VT <b>Popcorn Lovers Day</b>	8:30 Daily Chronicles-GR 9:00 News & Views-GR 9:30 3 <sup>rd</sup> Grade Class Academy 10:00 Table Games & More-G 1:00 Cards & More-GR 2:00 The Year Was-GR 2:30 Afternoon Snack-time-GR 3:00 Ping Pong Socail-GR 7:00 Friday Night Movie-VT	8:30 Morning Gathering-GR 9:00 Music with Vesta-CMH 9:30 Sweating to the Oldies-GR 10:00 Peanut Butter Time- GR 12:30 Scenic Drive-Mission Bay 1:30 Nail-care-GR 2:30 Activity Meeting-GR 3:30 UNO Challenge-GR 7:00 Saturday Night Movie-VT <b>Peanut Butter Lovers Day</b>
8:30 Morning Gathering-GR 9:00 Music w/Vesta-CMH 9:30 Sunday Fitness -GR 10:00 BINGO-Great Room 12:30 Reminiscing & More-GR 1:30 Let's Read-GR 2:00 Floor Games-GR 4:00 Leisure Hour 7:00 Sunday Night Movie-VT	8:30 Morning Gathering-GR 9:00 Morning Trivia-GR 9:30 Monday Fitness -GR 10:00 Flower Pot Craft- GR 12:30 Floor Games-GR 1:30 Puzzle Time- GR 2:30 What Would You Do?-GR 3:30 Finish the Line-GR 7:00 Monday Night Movie-VT <b>Plant A Flower Day</b>	8:30 News & Views-GR 9:15 Scenic Drive- Coronado 10:00 National Geographic- VT 12:30 Parachute Game- GR 1:30 What Would You Do?-GR 2:30 Tuesday Fitness 3:30 Poker Hour-GR 4:00 Leisure Hour 7:00 Tuesday Night Movie-VT	8:30 Daily Chronicles-GR 9:00 Music with Vesta-CMH 9:30 Wednesday Workout-GR 10:00 BINGO-GR 12:30 UNO & More-GR 1:30 Sentimental Reflections-VT 2:30 Afternoon Snack-time-GR 3:30 Let's Sing-VT 4:00 Dining Room Trivia- DR 7:00 Wednesday Classic Movie	8:30 News & Views-GR 9:00 Music w/Vesta-CMH 9:30 Senior Fitness-GR 10:00 Scrabble & More-GR 12:30 Arts & Crafts-GR 1:30 Dominoes-GR 2:30 Scenic Drive- J St 3:30 Rainy Day Theater-VT 7:00 Thursday Night Movie-VT	8:30 Daily Chronicles-GR 9:00 News & Views-GR 9:30 Friday Morning Fitness-GR 10:00 March Trivia- GR 12:30 Let's Get Crafty- GR 1:30 Afternoon Documentary- VT 2:00 The Year Was-GR 2:30 Afternoon Social- GR 3:00 Floor Games-GR 7:00 Friday Night Movie-VT	8:30 Morning Gathering-GR 9:00 Who's Wearing Green-GR 9:30 Sweating to the Oldies-GR 10:00 BINGO-Great Room 12:30 Massage Time- GR 1:00 Irish Dancers- GR 2:30 New Resident Orientation-GR 3:30 UNO Challenge-GR 7:00 Saturday Night Movie-VT
8:30 Morning Gathering-GR 9:00 Music w/Vesta-CMH 9:30 Sunday Fitness -GR 10:00 BINGO-Great Room 12:30 Reminiscing & More-GR 1:30 Balloon Volleyball-GR 2:00 Who Am I?-GR-GR 4:00 Leisure Hour 7:00 Sunday Night Movie-VT	8:30 Morning Gathering-GR 9:00 March Trivia-GR 9:30 Monday Fitness -GR 10:00 Table Games & More-GR 12:30 Floor Games-GR 1:30 Nail Care & More-GR 2:30 Sentimental Reflections-VT 3:30 Finish the Line-GR 7:00 Monday Night Movie-VT	8:30 News & Views-GR 9:15 Scenic Drive- Lake Murray 10:00 Charger Band- GR 12:30 BINGO-GR 1:30 What Would You Do?-GR 2:30 Tea for Two Social- GR 3:30 Scrabble & More-GR 4:00 Leisure Hour 5:00 After Dinner Stroll 7:00 Tuesday Night Movie-VT <b>Tea For Two Day</b>	8:30 Daily Chronicles-GR 9:00 Music with Vesta-CMH 9:30 Wednesday Workout-GR 10:00 BINGO-GR 12:30 UNO & More-GR 1:30 Sentimental Reflections-VT 3:30 Let's Sing-VT 4:00 Dining Room Conversation 7:00 Wednesday Classic Movie	8:30 News & Views-GR 9:00 Music w/Vesta-CMH 9:30 Senior Fitness-GR 10:00 Hearts for Hooves-GR 12:30 Play Doh Fun- GR 1:30 Dominoes-GR 2:30 Board Game Social-GR 3:30 Rainy Day Theater-VT 7:00 Comedy Central- VT	8:30 Daily Chronicles-GR 9:00 News & Views-GR 9:30 Friday Morning Fitness-GR 10:00 Table Games & More-GR 12:30 Let's get Crafty- GR 1:30 Afternoon Documentary- VT 2:00 The Year Was-GR 2:30 Birthday Social- GR 3:00 Senior Trivia-GR 7:00 Friday Night Movie-VT	8:30 Morning Gathering-GR 9:00 Music with Vesta-CMH 9:30 Sweating to the Oldies-GR 10:00 BINGO-Great Room 12:30 Scenic Drive- Balboa Park 1:30 Sing-a-long w/ Vesta- CMH 2:30 Afternoon Social-GR 3:30 UNO Challenge-GR 7:00 Saturday Night Movie-VT
8:30 Morning Gathering-GR 9:00 Music w/Vesta-CMH 9:30 Sunday Fitness -GR 10:00 BINGO-Great Room 12:30 Reminiscing & More-GR 1:30 Ping-pong Challenge-GR 2:00 Waffle Social- GR 4:00 Leisure Hour 7:00 Sunday Night Movie-VT <b>Waffle Day</b> Palm Sunday	8:30 Morning Gathering-GR 9:00 Morning Trivia-GR 9:30 Monday Fitness -GR 10:00 Table Games & More- GR 12:30 Floor Games-GR 1:30 Puzzle Time- GR 2:30 Poker Hour-GR 3:30 Story Reading -GR 7:00 Monday Night Movie-VT	8:30 News & Views-GR 9:00 Scenic Drive- Midway 10:00 National Geographic-VT 12:30 BINGO-GR 1:30 What Would You Do?-GR 2:30 What's Cooking GR 3:30 Scrabble & More-GR 7:00 Tuesday Night Movie-VT	8:30 Daily Chronicles-GR 9:00 Music with Vesta-CMH 9:30 Wednesday Workout-GR 10:00 BINGO-GR 12:30 Connect Four & More-GR 1:30 Karaoke -VT 3:30 Let's Read-GR 4:00 Dining Room Conversation	8:30 Morning Gathering- GR 9:00 News & Views- GR 9:30 Thursday Fitness- GR 10:00 Floor Games- GR 11:00 Reminiscing & More- GR 12:30 Popsicle Stick Craft- GR 1:30 Afternoon Documentary- VT 2:30 Afternoon Social- GR 3:30 Leisure Hour 7:00 Thursday Night Movie- VT	8:30 Daily Chronicles-GR 9:00 News & Views-GR 9:30 Friday Morning Fitness-GR 10:00 March Trivia- GR 12:30 Let's Get Crafty- GR 1:30 Afternoon Documentary- VT 2:00 The Year Was-GR 2:30 Afternoon Social- GR 3:00 Walk to the Park <small>First Day of Passover Good Friday</small>	8:30 Morning Gathering-GR 9:00 Music with Vesta-CMH 9:30 Sweating to the Oldies-GR 10:00 BINGO-Great Room 12:30 Scenic Drive- Shelter Island 1:30 Sing-a-long w/ Vesta- CMH 2:30 Afternoon Socail-GR 3:30 UNO Challenge-GR 5:30 Resident Council- GR 6:00 Family Game Night- GR